

# **COACHING Studio**

*Achieve Your Personal Goal*



**1 hour– \$110**

Stop the pain and feel the relief.

Talking and being listened to in order to live and act the way you want.

Succeed and optimized your performances with the Potential Optimization Technique.

For Performances goals, Top if completed with Hypnosis.

For home sessions, a travel fee will be applied.

**CONTACT**

[catherine.couanet@gmail.com](mailto:catherine.couanet@gmail.com)